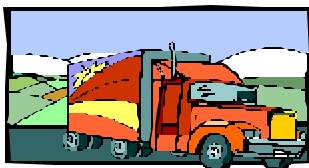
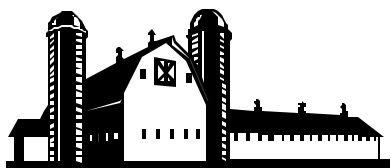


The Commodity Shelf

Department of Elementary and Secondary Education, School Food Services Section

October 2001



For information phone 573-751-2646/9424/7253 or fax 573-526-3897

Please route The Commodity Shelf to the person(s) responsible for ordering/handling commodities.



DELIVERIES

When MBM/FFM arrives to make your delivery, please make sure you have adequate help to accept the delivery. The contract with MBM/FFM is for curb side delivery so please make sure you have personnel available to take your product into the school and put it away. This will help MBM/FFM make timely deliveries to everyone.

COMMODITY ORDER FORM

DEADLINE THE 15TH 12 NOON

Following is a listing of entitlement and bonus commodity items, most of which should be available for the 2001-2002 School Year. This listing is updated monthly. Items designated (a) and (b) are charged against entitlement. Bonus items designated (B) are not charged against entitlement.

These items, if needed, must be ordered. Orders must be in this office no later than the 12 noon on the 15th day of October for November delivery. You may obtain these commodities one of three ways. You may write, telephone, or fax your orders. These commodities may be used in authorized child feeding programs and for classroom instructional purposes in Family & Consumer Sciences classes only.

NAME OF SCHOOL			AGREEMENT NUMBER
-----			_____ - _____
Commodity	Pack Size	Value	Number of Cases Ordered
(B) Dry Milk, noninstant	55# bag	\$57.10	B.
(b) Cornmeal, Degermed	4/10# bag	\$ 5.21	C.
(b) Flour, All-Purpose	4/10# bag	\$ 5.23	D.
(b) Flour, Bread	4/10# bag	\$ 6.10	E.
(b) Flour, Whole Wheat	4/10# bag	\$ 6.65	F.
(b) Macaroni, Enriched	20# case	\$ 5.42	G.
(b) Rotini, Enriched	20# case	\$ 5.25	H.
(b) Spaghetti, Enriched	20# case	\$ 5.05	I.
(b) Salad Oil	6/1 gallon	\$12.61	J.
(b) Shortening, Liquid	6/1 gallon	\$12.75	K.
(b) Shortening, Solid	12/3# can	\$15.44	L.
(b) Peanut Butter	6/5 # can	\$25.19	M.
(b) Oats, Rolled	12/3# bag	\$12.07	N.
(b) Rice, Parboiled	25# bag	\$ 5.00	O.
(a) Grt. Nrth Beans, Dry	25# bag	\$ 6.75	Q.
(a) Eggs, Whole, Frozen	6/5# carton	\$15.40	R.
(a) Egg Mix, Dry	4/10# case	\$63.96	S.
(a) Mozzarella, Frozen	8/6 lb. loaves	\$62.64	W.
(a) Raisins, dried	24/15 oz. pkg	\$12.38	X.
(b) Bakery Mix, Lo-fat	6/5# bag	\$10.70	AC.
(a) Trail Mix	5/5# bag	\$46.52	AD.
(a) Tuna, Canned	6/66.5oz cans	\$31.97	AE.

TOTAL CASES ORDERED _____

Department of Elementary & Secondary Education
 School Food Services
 P.O. Box 480
 Jefferson City, MO 65102
 FAX: 573-526-3897
 PHONE: 573-751-2646

MO 500-2146

December 28, 2000

Prorated Commodities

Following is a listing of PRORATED entitlement and bonus commodity items expected to be available for the 2001-2002 school year. These items are prorated based upon your ADP. **If you wish to refuse all, or any part of your allocation, your Authorized Representative must notify our office in writing at least 6 weeks in advance of the estimated delivery period.** These commodities are for use in authorized feeding programs only. Commodities, amounts, and delivery dates are subject to change.

<u>FRUITS AND VEGETABLES</u>	<u>Pack Size</u>	<u>Estimated Delivery Period</u>	<u>Estimated Value</u>
Peach Cups, frozen (33) (1 st alloc)	96/4 oz case	Start Aug. 1 - Complete Sept. 30	\$20.15
Pineapple, Tidbits, canned (43)	6/ #10 case	Start Sept. 15 – Complete Oct. 31	\$22.51
Potato Wedges, frz (39)	6/5# case	Start Sept. 15 – Complete Oct. 31	\$8.70
Peaches, Sliced, canned (53)	6/#10 case	Start Oct. 1 - Complete Nov. 15	\$19.32
Green Beans, canned (70)	6/#10 case	Start Nov. 1 – Complete Dec. 15	\$9.12
Pears, Diced, canned (56)	6/#10 case	Start Nov. 1 – Complete Dec. 15	\$16.47
Peach Cups, frozen (33) (2 nd alloc)	96/4 oz case	Start Nov. 1 - Complete Dec. 15	\$20.15
Apple Slices, frozen (38)	30# case	Start Feb. 1 – Complete Mar. 15	\$7.68
Refried Beans, canned (74)	6/#10 case	Start Feb. 1 – Complete Mar. 15	\$11.35
Corn, frozen (46)	30 lb case	Start Feb. 1 – Complete Mar. 15	\$12.16
Peaches, Diced, canned (56)	6/#10 case	Start Feb. 1 – Complete Mar. 15	\$19.10
Peach Cups, frozen (33) (3 rd alloc)	96/4 oz case	Start Feb. 1 - Complete Mar. 15	\$20.15
Potato Oven, frz (39)	6/5# pkg	Start Feb. 15 – Complete Mar. 30	\$8.70
Pears, Sliced, canned (56)	6/#10 case	Start Feb. 15 – Complete Mar. 30	\$17.25
Applesauce, canned (56)	6/#10 case	Start Mar. 1 – Complete April 15	\$10.47
Veg. Beans (74)	6/#10 case	Start Mar. 1 – Complete April 15	\$11.22
Corn, canned (57)	6/#10 case	Start Mar. 1 – Complete April 15	\$14.50
<u>MEAT AND PROTEIN</u>	<u>Pack Size</u>	<u>Estimated Delivery Period</u>	<u>Estimated Value</u>
American Cheese, Slcd (38) (1 st alloc)	6/5# loaves	Start Aug. 1 - Complete Sept. 30	\$39.97
Ground Beef (39) (1 st alloc)*	36# case	Start Sept. 1 – Complete Oct. 15	\$41.40
Cut-up Chicken, frz (22)*	40 lb case	Start Sept. 15 – Complete Oct. 31	\$21.64
Turkey Roasts, frz (51)	40 lb case	Start Oct. 15 – Complete Nov. 30	\$49.25
Ground Beef (27) (2 nd alloc)*	36# case	Start Nov. 1 – Complete Dec. 31	\$41.40
Pork Roast, frz. (31)*	40 lb case	Start Nov. 1 – Complete Dec. 15	\$44.17
Mozzarella Cheese, Shrd, Lite, frz (34) *	40# case	Start Nov. 1 - Complete Dec. 15	\$73.20
American Cheese, Slcd (38) (2 nd alloc)	6/5# loaves	Start Nov. 1 - Complete Dec. 15	\$39.97
Ham wateradded, frz (51)	36 lb case	Start Jan. 1 – Complete Feb. 15	\$53.30
Ground Beef (27) (3 rd alloc)*	36# case	Start Jan. 15 – Complete Feb. 26	\$41.40
American Cheese, Slcd (38) (3 rd alloc)	6/5# loaves	Start Feb 1 - Complete Mar. 15	\$39.97
Turkey Hams, frz(51)	40 lb case	Start Feb. 1 – Complete Mar. 15	\$35.26
Cut-up Chicken, frz (29)*	40 lb case	Start Feb. 1 – Complete Mar. 15	\$21.64
Ground Beef (16) make-up	36# case	Start Mar. 1 –Complete April 15	\$41.40

The number shown in parenthesis for above product means your LEA will receive approximately one (1) case of that product per that number of Average Daily Participants (ADP).

*If you had 25%, 50%, etc., of this product processed, adjust your ADP accordingly when figuring allocation rates. If you had 100% of this product processed then you will not receive any.

Chocolate Chip Cake

	50 Servings		100 Servings		For _____ Servings	
Ingredients:	Weights	Measures	Weights	Measures		Directions:
Dates, chopped		3 cups		1 qt + 2 cups		Combine dates with the boiling water, add baking soda and allow to stand for 2 hours or cover and refrigerate overnight. For 50 servings: Coat one 18 x 26 x 2-inch cake pan with cooking spray. Flour pan. For 100 servings: Coat two 18 x 26 x 2-inch cake pan with cooking spray. Flour pans.
Boiling water		3 qts + 1 ½ cups		1 qt + 3 ½ cups		
Baking soda		1Tbsp		2 Tbsp		
Margarine	12 oz	1 ½ cups	1 ½ lbs	3 cups		Cream margarine and granulated sugar. Beat 2 minutes on medium speed using flat beaters Add creamed mixture to dates.
Granulated sugar	1 lb + 5 oz	3 cups	2 lbs + 10 oz	1 qt + 2 cups		
Flour	1 lb + 5 oz	1 qt + 1 ¼ cups	2 lbs + 10 oz	2 qts + 2 ½ cups		Mix flour, salt, eggs and cocoa together. Add dry ingredients and vanilla to creamed mixture. Stir well and scrape bowl frequently. Distribute batter evenly and pour into pans.
Dried Egg mix		¾ cup		1 ½ cups		
Salt		½ Tbsp		1 Tbsp		
Dry Cocoa	1 oz	1/3 cup + 2 tsp	2 ¼ oz	¾ cup		
Vanilla		1 Tbsp		2 Tbsp		
Brown sugar, lightly packed	8 oz	1 ½ cup	1 lb	3 cups		Sprinkle the top of each cake batter with 1 ½ cup brown sugar and 1 1/3 cup chocolate chips. Bake at 300 degrees F in convection oven for approximately 25 minutes or until done.
Chocolate chips	8 oz	1 1/3 cup	1 lb	2 2/3 cups		
Provides: 1 serving grains/breads and ¼ cup fruit.						Portion: Cut each pan 5 x 10 Serving Size: 3 ¼ x 2 ½ inches

Calories: 225
Cholesterol: 11 mg
Sodium: 218 mg
Fiber: 1.6 G

Iron: 1.1 mg
Calcium: 17 mg
Vitamin A: 60 RE
Vitamin C: 0 mg

Protein: 2.3 G
Carbohydrates: 39.6 G
Total Fat: 7.3 G
Saturated Fat: 2 G

Protein: 4%
Carbohydrates: 70%
Total Fat: 29%
Saturated Fat: 8%